

Group Exercise Timetable

MONDAY

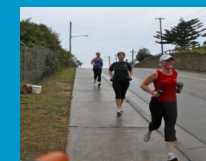
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



7:00am
Running &
Walking Club
(Cronulla)



9:00am
Pilates



7:00pm
Session X
Cross Training



6:30pm
Yoga